

# Fall Schedule

# Murray Park Center Aquatics

# Tuesday

Time	Leisure Pool	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	Time
5:00 AM	Adult Only Time Water Walking/Jog 5-11 AM	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	5:00 AM
5:30 AM		5-6 (7) AM	5-6 (7) AM	5-6 (7) AM	5-6 (7) AM	5-6 (7) AM	5-6 (7) AM	5-6 (7) AM	5-6 (7) AM	5:30 AM
6:00 AM		Murray High	Murray High	Murray High	Murray High	Murray High	Murray High	Murray High	Murray High	6:00 AM
6:30 AM		7-8:30 (A-Day)	7-8:30 (A-Day)	7-8:30 (A-Day)	7-8:30 (A-Day)	7-8:30 (A-Day)	7-8:30 (A-Day)	7-8:30 (A-Day)	7-8:30 (A-Day)	6:30 AM
7:00 AM		6-7:45 (B-Day)	6-7:45 (B-Day)	6-7:45 (B-Day)	6-7:45 (B-Day)	6-7:45 (B-Day)	6-7:45 (B-Day)	6-7:45 (B-Day)	6-7:45 (B-Day)	7:00 AM
7:30 AM										7:30 AM
8:00 AM		Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	8:00 AM
8:30 AM		8:30 AM-3 PM	8:30 AM-3 PM	8:30 AM-3 PM	8:30 AM-3 PM	8:30 AM-3 PM	8:30 AM-3 PM	8:30 AM-3 PM	8:30 AM-3 PM	8:30 AM
9:00 AM		(A-Days)	(A-Days)	(A-Days)	(A-Days)	(A-Days)	(A-Days)	(A-Days)	(A-Days)	9:00 AM
9:30 AM										9:30 AM
10:00 AM	Open Plunge 11 A-3:50 PM	7:45 AM-3 PM	7:45 AM-3 PM	7:45 AM-3 PM	7:45 AM-3 PM	7:45 AM-3 PM	7:45 AM-3 PM	7:45 AM-3 PM	7:45 AM-3 PM	10:00 AM
10:30 AM		(B-Days)	(B-Days)	(B-Days)	(B-Days)	(B-Days)	(B-Days)	(B-Days)	(B-Days)	10:30 AM
11:00 AM										11:00 AM
11:30 AM										11:30 AM
12:00 PM										12:00 PM
12:30 PM										12:30 PM
1:00 PM										1:00 PM
1:30 PM										1:30 PM
2:00 PM										2:00 PM
2:30 PM										2:30 PM
3:00 PM		Murray High	Murray High	Murray High	Murray High	Murray High	Murray High	Murray High	Murray High	3:00 PM
3:30 PM		3-4 PM	3-4 PM	3-4 PM	3-4 PM	3-4 PM	3-4 PM	3-4 PM	3-4 PM	3:30 PM
4:00 PM	Swim Lessons 4-7 PM	Swim Lessons 4-7 PM	MAC Swim	MAC Swim	MAC Swim	MAC Swim	MAC Swim	MAC Swim	MAC Swim	4:00 PM
4:30 PM			4-5:30 PM	4-5:30 PM	4-5:30 PM	4-5:30 PM	4-5:30 PM	4-5:30 PM	4-5:30 PM	4:30 PM
5:00 PM										5:00 PM
5:30 PM			Lap Swim	Lap Swim	Lap Swim	Lap Swim				5:30 PM
6:00 PM			Triathlon Training	Triathlon Training	5:30-7 PM	5:30-7 PM	Aquafit-Deep	Aquafit-Deep	Aquafit-Deep	6:00 PM
6:30 PM	Open Plunge 7-9:45 PM	Lap Swim 7-9:45 PM	6-7 PM	6-7 PM			6-7 PM	6-7 PM	6-7 PM	6:30 PM
7:00 PM										7:00 PM
7:30 PM			Youth	Youth	Youth	Youth	Youth	Youth	Lap Swim 7-9:45 PM	7:30 PM
8:00 PM			Water Polo	Water Polo	Water Polo	Water Polo	Water Polo	Water Polo		8:00 PM
8:30 PM			7-8:30 PM	7-8:30 PM	7-8:30 PM	7-8:30 PM	7-8:30 PM	7-8:30 PM		8:30 PM
9:00 PM										9:00 PM
9:30 PM			Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim	Lap Swim		9:30 PM
10:00 PM			8:30-9:45 PM	8:30-9:45 PM	8:30-9:45 PM	8:30-9:45 PM	8:30-9:45 PM	8:30-9:45 PM		10:00 PM

Murray Park Center reserves the right to change the schedule at any time to better serve the needs of our community.

Lap Swimming at other than scheduled times is on a space available basis

Effective Date:

2/8/2010